



# Introduction to Therapeutic Shamanism

## Saturday 15th June 2019

West Coast Yoga Centre, Haig Enterprise, Kells, Whitehaven. CA28 9AN

10am- 4pm. Cost- £50. A deposit of £25 will secure place  
(non-refundable, except in the event of the course being cancelled)

Prior booking is essential Contact **Catherine- 07753988719**

Shamanism is our most ancient spiritual tradition. Shamanism can provide an easily-learnt tool kit of techniques and methods that are profoundly useful for personal healing, helping with life issues, raising self-awareness, personal and spiritual development and much more.

This experiential workshop will include-

- The history of Shamanism
- The key concepts of the shamanic universe
- How to enter a shamanic “journey”
- A power Animal retrieval journey
- The basics of how to journey for others.

Attendance on this workshop enables application to The Three Ravens College of Therapeutic Shamanism and local drumming/journeying group.